



Carl G. Jung

"In the unconscious, the unconscious is not a
system of a function of consciousness. It is
in itself with the possibility of being the
consciousness, a conscious subject, a part of
Jung's Jung's own mind, and the unconscious
has, perhaps, the most complete, comprehensive
with consciousness - the human, with conscious
system, a self-organizing - and conscious
unconscious system, and it would not only
take the form of the unconscious."

J. C. Jung, "The Unconscious as a System of
Consciousness," *Journal of Analytical Psychology*, 1954, p. 10



1
00:00:04,820 --> 00:00:02,750
I have found though that I produce this

2
00:00:07,519 --> 00:00:04,830
a quarterly publication called the lucid

3
00:00:10,430 --> 00:00:07,529
dream exchange which anyone can get at

4
00:00:12,530 --> 00:00:10,440
dreaming lucid calm but some of it some

5
00:00:14,600 --> 00:00:12,540
very good lucid dreamers are insomniac

6
00:00:16,010 --> 00:00:14,610
seeeeeee they become awake and they're

7
00:00:17,330 --> 00:00:16,020
awake for two hours and then they go

8
00:00:19,670 --> 00:00:17,340
back to sleep and they have lucid dreams

9
00:00:42,610 --> 00:00:19,680
but but I don't know about the effect of

10
00:00:47,750 --> 00:00:43,880
27

11
00:00:51,590 --> 00:00:47,760
who are active losing viewers likely to

12
00:00:58,009 --> 00:00:55,819
okay to your first question I think the

13
00:01:00,560 --> 00:00:58,019

answer is is that when you're

14

00:01:02,689 --> 00:01:00,570

consciously aware if you think about it

15

00:01:04,280 --> 00:01:02,699

you can seek out the muse you can seek

16

00:01:07,130 --> 00:01:04,290

out the information you don't have to

17

00:01:08,749 --> 00:01:07,140

wait around for it to occur and so so

18

00:01:11,770 --> 00:01:08,759

that's that's kind of the first answer

19

00:01:14,630 --> 00:01:11,780

the second answer is the prevalence is

20

00:01:16,580 --> 00:01:14,640

determined by the lucid dreamers mindset

21

00:01:18,529 --> 00:01:16,590

there's a lot of excellent lucid

22

00:01:20,240 --> 00:01:18,539

dreamers who would never go looking for

23

00:01:23,210 --> 00:01:20,250

precognitive information because why

24

00:01:25,399 --> 00:01:23,220

should you it doesn't exist or why

25

00:01:26,990 --> 00:01:25,409

should you try to heal another you can't

26

00:01:29,090 --> 00:01:27,000

you know it's all right occurring in

27

00:01:32,540 --> 00:01:29,100

your mind and so are in your head or

28

00:01:34,730 --> 00:01:32,550

your brain and and so so so you can't

29

00:01:36,050 --> 00:01:34,740

really correlate those things the people

30

00:01:41,980 --> 00:01:36,060

who go in search of it are the people

31

00:01:47,630 --> 00:01:45,399

very recent talk my only concern is

32

00:01:49,430 --> 00:01:47,640

trying to go out a kind of inference I

33

00:01:50,960 --> 00:01:49,440

think you were drawing from bill Carson

34

00:01:54,320 --> 00:01:50,970

observer or more defenses to

35

00:01:56,510 --> 00:01:54,330

consciousness work I think it's very

36

00:01:59,929 --> 00:01:56,520

questionable to argue that because we

37

00:02:01,910 --> 00:01:59,939

now find something in pieces that those

38

00:02:02,899 --> 00:02:01,920

pieces correspond to pre-existing or

39

00:02:04,940 --> 00:02:02,909

natural elements

40

00:02:13,160 --> 00:02:04,950

thing in my work on dissociation is what

41

00:02:15,080 --> 00:02:13,170

I call the house I think you'll see that

42

00:02:17,199 --> 00:02:15,090

I make a relatively important case and

43

00:02:19,160 --> 00:02:17,209

here in this quote by Carl Jung

44

00:02:22,339 --> 00:02:19,170

basically there's another quote before

45

00:02:24,500 --> 00:02:22,349

this where he says that to show and

46

00:02:27,979 --> 00:02:24,510

inner self it would have to have these

47

00:02:31,070 --> 00:02:27,989

capabilities and in in my lucid dreaming

48

00:02:34,220 --> 00:02:31,080

studies I show that when I asked that

49

00:02:37,130 --> 00:02:34,230

was responsive awareness hey show me

50

00:02:39,050 --> 00:02:37,140

something I should see or whatever it

51
00:02:41,509 --> 00:02:39,060
meets all the qualifications that you

52
00:02:43,280 --> 00:02:41,519
asked for and so basically that's why i

53
00:02:45,319 --> 00:02:43,290
call my book lucid dreaming gateway to

54
00:02:47,330 --> 00:02:45,329
the inner self I think you're we're

55
00:02:49,970 --> 00:02:47,340
actually in contact with this other

56
00:02:51,920 --> 00:02:49,980
awareness at this different layer of

57
00:03:04,300 --> 00:02:51,930
self i'm going to call it inner self

58
00:03:07,729 --> 00:03:04,310
just because i have to call something a

59
00:03:09,589 --> 00:03:07,739
chapter on mutual dreaming and and i

60
00:03:13,069 --> 00:03:09,599
just want to tell you a story if you

61
00:03:16,190 --> 00:03:13,079
don't mind just real quick okay I became

62
00:03:17,720 --> 00:03:16,200
consciously aware i saw a dream figure

63
00:03:20,030 --> 00:03:17,730

enter the dream but it looks like on my

64

00:03:22,009 --> 00:03:20,040

friend MO who do I know so I went up to

65

00:03:24,460 --> 00:03:22,019

her and I go mow this is a dream do you

66

00:03:26,539 --> 00:03:24,470

realize we're dreaming and she has this

67

00:03:29,120 --> 00:03:26,549

lesson lucid dreamers call it the

68

00:03:30,710 --> 00:03:29,130

drunken sailor effect because they can't

69

00:03:32,360 --> 00:03:30,720

focus and they're kind of going like

70

00:03:34,550 --> 00:03:32,370

this and I go mo do you realize we're

71

00:03:36,289 --> 00:03:34,560

dreaming I picked her up and started a

72

00:03:37,789 --> 00:03:36,299

levitating and I go see well meditating

73

00:03:39,289 --> 00:03:37,799

this must be a dream then I got

74

00:03:41,120 --> 00:03:39,299

frustrated because it's obvious she

75

00:03:42,740 --> 00:03:41,130

wasn't where i put a peace sign in her

76

00:03:44,089 --> 00:03:42,750

face and I say no whenever you see this

77

00:03:46,099 --> 00:03:44,099

peace sign you can become consciously

78

00:03:47,990 --> 00:03:46,109

aware you see that anyway four months

79

00:03:50,150 --> 00:03:48,000

later I get together with no we have

80

00:03:52,309 --> 00:03:50,160

lunch in San Francisco she comes walking

81

00:03:55,339 --> 00:03:52,319

up to me as I'm standing there waiting

82

00:03:56,960 --> 00:03:55,349

for her if he goes just like I don't

83

00:03:59,399 --> 00:03:56,970

know why are you doing that she goes I